

TERM 2 2020



LUNCH LAB

Traffic Light Colour Codes - **GREEN** = Healthy Option **AMBER** = Eat Moderately **RED** = Unhealthy Option

<ul style="list-style-type: none"> ◆ NO Cash will be taken via window ◆ Orders must be received by 9:00am via Flexischools ◆ Account can be set up please contact Lunch Lab Text 0418648706 or Lunchlab.balerpandc@gmail.com ◆ Direct Deposit bsb 036190 account 040832 ◆ NO CREDIT ◆ All items are subject to availability ◆ Non-Halal items are marked with * ◆ If your child suffers from a food allergy, please see our friendly Lunch Lab staff to discuss options 	MONDAY		EVERYDAY LUNCHES		
	Cheesy Melt	\$3.00	Pasta Bolognese or Vegetarian with Cheese	\$5.00	
	Cheesy Melt & Tomato	\$3.50	SANDWICHES		
	Ham & Cheese*	\$4.50	Wholemeal Bread Wraps \$0.50 extra Extras salad or egg \$0.50c (All wraps come with mayo) Standard salad consists of Tomato, Carrot, Lettuce & Cucumber		
	Roast Chicken & Cheese	\$5.00	TUESDAY		
	TUESDAY		Pasta Bolognese or Vegetarian with cheese	\$5.00	
	WEDNESDAY		Vegetemite	\$2.50	
	WEDNESDAY		Cheese	\$2.50	
	THURSDAY		Egg/Curried Egg, Lettuce & Mayo	\$3.50	
	THURSDAY		Salad	\$3.50	
RECESS		Toasted Sandwiches See Monday		Deli Ham & Cheese*	\$4.00
Plain Cheesy	\$1.50	FRIDAY		Deli Ham & Salad *	\$4.50
Ham cheesy*	\$2.00			Tuna & Salad	\$4.50
Pikelet	\$0.50	Tomato, BBQ sauce and Halal hotdogs are available		Fresh Roast Chicken & Salad	\$5.00
Small fruit salad	\$1.50	Small Hotdog & Sauce Add .50c for Cheese	\$2.50	Aussie Lunch Box * Deli Ham & Cheese Sandwich, Popcorn, pikelet & Watermelon	\$5.00
Fruit Muffin	\$2.00	Large Hotdog & Sauce Add .50c for Cheese	\$4.50	Salad Plate with Fresh Roast Chicken or Deli Ham	\$6.50
DRINKS				Connect with the LUNCH LAB	
Water	\$2.00			www.facebook.com/groups/balerpandc/ E-Mail: lunchlab.balerpandc@gmail.com	
Juice Box: Apple, Orange Apple & Blackcurrant	\$2.00			Tel: (08)9172 8400 www.flexischools.com.au	
		Nuggets, Hash brown with a slice of watermelon	\$6.00		
		Tomato or BBQ sauce	.50c		